

# Discussion Guide

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[www.whitehouseconferenceonaging.gov](http://www.whitehouseconferenceonaging.gov)

The 2015 White House Conference on Aging builds on a year-long effort to listen, learn, and share with older adults, families, caregivers, advocates, community leaders, and experts in the aging field. The 2015 Conference aims to embrace the transformative demographic shift occurring in the United States and recognize the possibilities of aging.

## **2015 White House Conference on Aging**

The first baby boomers reached retirement age in 2011, accelerating a population surge in the number of Americans over the age of 65. Each day for the next 15 years, thousands more will reach retirement age, creating new opportunities for how we define what it means to be an older American. The conference will bring together older Americans, caregivers, government officials, members of the public, business leaders, and community leaders to discuss a vision for aging in the next decade. .

Participation in the conference is not limited to those in the room. Everyone is invited to join virtually:

**Hosting A Viewing Session:** We encourage you to participate in the Conference by hosting a viewing session. Invite your friends and colleagues to join you while you watch the livestream of the event together at <https://www.whitehouse.gov/live>. Share in the conversation about:

- In your experience, what are the most empowering parts of aging?
- What should we be thinking about now to prepare our families, communities and country for the next decade to support older Americans and their families?
- How can the government work with the private sector to expand opportunities for older Americans and their families?
- What are the best ways for multiple generations to stay connected?
- What are your strategies for taking part in healthy activities?
- What are ways you would like to get more involved in your community?
- If retired, have you enjoyed new opportunities for volunteerism, business ventures or public service?
- What advice would you give to someone trying to plan for a secure retirement?
- How has new technology changed your aging experience?

Remember – you can join the discussion in Washington by tweeting your questions and comments using #WHCOA. You can also send your comments to [info@whaging.gov](mailto:info@whaging.gov).